

CLIENT MEMBERSHIP INFORMATION

client id	password
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urban monkeys

Nutrition Policies and Procedures

NUTRITION OPTIONS

ala carte	individual		couple	
	members	non-members	members	non-members
initial consultation	\$125.00	\$135.00	\$165.00	\$175.00
follow-up	\$100.00	\$110.00	\$135.00	\$145.00
food shopping tour	\$150.00	\$150.00	\$150.00	\$150.00

drop-in	\$20.00
5 class punch card	\$90.00
10 class punch card	\$175.00

packages	individual		couple	
	members	non-members	members	non-members
3 session package initial consultation + 2 follow-up visits	\$315.00	\$335.00	\$415.00	\$435.00
6 session package: initial consultation + 5 follow-up visits	\$595.00	\$650.00	\$795.00	\$845.00

PAYMENT TERMS

Payments are due at the time nutrition services are rendered. If an individual or couples package is purchased full payment must be made on or before the first appointment.

Declined credit cards and bounced checks will incur a \$25.00 fee.

Drop-in nutrition class payment must be made before the class is attended.

Punch cards are transferable between any adult class (yoga, fitness or nutrition) and have expiration dates.

TERMS OF AGREEMENT

Consultations - Participant must complete and sign a **Wellness Form, Nutrition Intake Form, HIPAA Form, Liability Waiver** and an **Urban Monkeys Contract**.

Classes – Participant must complete and sign a **Liability Waiver** and an **Urban Monkeys Contract**.

APPOINTMENT TERMS

Initial consultations are one hour and follow-up appointments are 50 minutes in duration. Appointments will not run over if client arrives late.

Nutrition classes are 1 ½ hours in duration.

Food shopping tours are 1 ½ hours in duration and are held at local PCC, Whole Foods and Trader Joe's markets.

Individual and couples packages expire as follows:

- 3 session packages expire 6 months after date of purchase
- 6 session packages expire 12 months after date of purchase

Punch cards expire as follows:

- 5 punch cards expire 2 months after date of purchase
- 10 punch cards expire 3 months after date of purchase

Any nutrition session or nutrition class unattended or not booked will not be extended past the expiration date.

Nutrition appointments must be canceled 24 hours in advance. Single sessions cancelled with less than 24 hours' notice or no-showed that have not been prepaid will incur a \$50.00 charge. Prepaid sessions may be subject to either a \$50.00 charge or a forfeit of the appointment.

Cancellations due to illness could be subject to a \$10.00 fee to re-book the appointment a make-up nutrition class and a \$15.00 fee to re-book a make-up consultation appointment.

primary member signature	date
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